



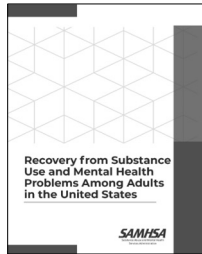
New Federal Efforts to Advance Recovery

2024 HHSC Institute
July 23, 2024



1

Recovery is Common – Findings from NSDUH





Approximately 7 in 10 who have a mental health or substance use conditions are in recovery.

20.9 million people with substance use conditions, 72.2%

38.8 million people with mental health conditions, 66.5%.

Combined 59.7 million Americans.



2

SAMHSA's 2023-2026 Strategic Plan




2023-2026 PRIORITIES

- Equity
- Preventing Substance Use and Overdose
- Establishing Access to Suicide Prevention and Mental Health Services
- Promoting Resilience and Emotional Health for Children, Youth and Families
- Integrating Behavioral and Physical Healthcare
- Strengthening the Behavioral Health Workforce

Commitment to Data and Evidence | Trauma-Informed Approaches | Recovery



3

**SAMHSA
National
Recovery
Agenda**

Aim & Purpose

Advancing Recovery Across the Nation

To forge partnerships to support all people, families and communities impacted by mental health and/or substance use conditions to

- pursue recovery,
- build resilience and
- achieve wellness.

4

4

**SAMHSA
National
Recovery
Agenda
Goals**

Inclusion

Equity

Peer Services

Social Determinants

Wellness

SAMHSA
Substance Abuse and Mental Health Services Administration

5

**Goal #1:
Inclusion**

*Nothing About Us
Without Us*

To foster the meaningful involvement of a wide array of people with lived experience to improve behavioral health practice & policy and to foster the social inclusion of people with behavioral health conditions.



6

6

SAMHSA Inclusion Policy

SAMHSA recognizes that people with lived experience are fundamental to improving mental health and substance use services and should be meaningfully involved in the planning, delivery, administration, evaluation, and policy development of services and supports to improve our processes and outcomes. All SAMHSA activities should be fully inclusive of people lived experience.

1. Title: SAMHSA Inclusion and Mental Health Services Administration Policy on the Inclusion of People with Lived Experience

2. Background: The Substance Abuse and Mental Health Services Administration (SAMHSA) is committed to a person-centered approach to recovery that recognizes the lived experience of people with mental health and substance use conditions. This policy is intended to ensure that people with lived experience are meaningfully involved in the planning, delivery, administration, evaluation, and policy development of services and supports to improve our processes and outcomes. SAMHSA is committed to a person-centered approach to recovery that recognizes the lived experience of people with mental health and substance use conditions. This policy is intended to ensure that people with lived experience are meaningfully involved in the planning, delivery, administration, evaluation, and policy development of services and supports to improve our processes and outcomes.

3. Policy Statement: SAMHSA recognizes that people with lived experience are fundamental to improving mental health and substance use services and supports to improve our processes and outcomes. All SAMHSA activities should be fully inclusive of people lived experience.

4. Scope: This policy applies to all SAMHSA activities, including but not limited to:

- Grants and contracts (e.g., Request for Proposals, peer reviews)
- SAMHSA staff
- SAMHSA contractors
- SAMHSA advisory boards (e.g., committees)

5. SAMHSA Commitment: SAMHSA is committed to a person-centered approach to recovery that recognizes the lived experience of people with mental health and substance use conditions. This policy is intended to ensure that people with lived experience are meaningfully involved in the planning, delivery, administration, evaluation, and policy development of services and supports to improve our processes and outcomes.

7



7

Overcoming Stigma and Promoting Inclusion



STAR Awards Ceremony
Arts & Recovery
September 24, 2024

8



8

Additional OR Recovery Month Efforts

- National Walk for Recovery (Sept 5)
- Recovery Month Training Series (all month)
- Grant Award Announcements (BCOR, PROE...all month)
- Fact Sheet Series (all month)
- Mobilize Recovery Bus (early Oct)
- Digital Story Telling
- Interpersonal Contact Toolkit




9

**Goal #2:
Equity**


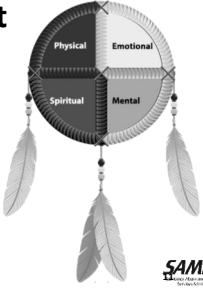

Recovery for All

To increase equity and opportunities for recovery for underserved and under-resourced populations and communities including people of color, youth, older adults, women and girls, LGBTQI+, rural, veterans and people with disabilities.



10

Tribal Recovery Summit

11

New Technical Assistance Center

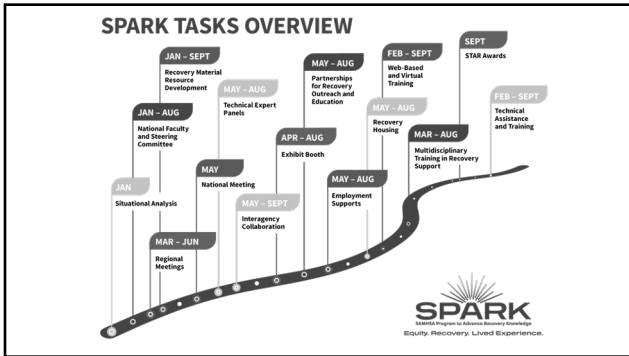


SAMHSA Program to Advance Recovery Knowledge

Equity. Recovery. Lived Experience.




12



13

SPARK Task Updates


Task 6 Regional Meetings

- Summary from Seattle, April 3-4, 2024 “Peer Leadership Development”
- Kansas City, June 6-7, 2024 “Supporting State-level Recovery Leaders”

Task 8 Web-based Resource Repository

- Live on SPARK website


14



14

SPARK Task Updates


Task 15 STAR Awards

- Open for Nominations Soon! 

Task 17 Virtual Expert Panels

- Rights Promotion and Protection – June 13-14
- Expanding Peer Respite – June 26-27
- Culturally Responsive Recovery Practices – July 24-25
- Fostering Trauma-informed Practices – July 30-31

15



15

**Goal #3:
Peer Services**

To expand peer-provided services within every community.

Peers Helping Peers

16

Peer Support Certification

In support of the President's Unity Agenda, to accelerate universal adoption, recognition, and integration of the peer workforce.

17

Peer Recovery Center of Excellence

The Center's strategies for training and technical assistance are organized into the following core areas of focus:

- Integration of peer support workers into non-traditional settings;
- Building and strengthening capacity of Recovery Community Organizations;
- Enhancing the professionalization of peers through workforce development;
- Providing evidence-based and practice-based toolkits and resource information to diverse stakeholders

18

Additional Peer Support Efforts

- Building Communities of Recovery Grant Program
- Consumer and Family TA Centers
- Collegiate Recovery & Recovery Schools
- Digital Recovery Innovations
- Family and Youth TA Centers
- National Peer Support Summit




19

Goal #4: Social Determinants of Recovery

Whole Health Care

To address key social determinants that support recovery including access to housing, education, social supports, and employment.



20

Support for Recovery Housing

- SAMHSA's Best Practices for Recovery Housing
- Interdepartmental Workgroup on Recovery Housing
- Housing First & Recovery Housing Dialogue




21

Additional OR Social Determinant Efforts

- Employment Summit
- Recovery Friendly Workplaces
- SAMHSA People with Lived Experience Employee Resource Group
- SG Social Connection Effort
- Family Caregiving Technical Experts Panel






22

Goal #5: Wellness

Individual, Family & Community Wellness


To expand holistic, self-care strategies to improve health and behavioral health outcomes - including the reduction of early mortality and impact of comorbid chronic health conditions – and to integrate recovery-oriented practices and systemic reform into the full continuum of health and behavioral healthcare including prevention, harm reduction, treatment, crisis care, and recovery support




23

23


OR Wellness Efforts



SHARED DECISION MAKING



PEERS AND PSYCHIATRIST DIALOGUE



HARM REDUCTION & RECOVERY

24

24


Office of Recovery Core Principles

Data and evidence
To increase the collection, analysis & reporting of data on recovery and expand the identification & use of evidence and practice-based policies and approaches.

Trauma-informed
To embed trauma-informed practices and approaches in recovery efforts.

Rights Protection
To protect the human and civil rights of people with lived experience.






25

25

Additional OR Data/Policy Efforts


- Recovery Measure
- NextGen Recovery Oriented Systems of Care
- Additional NSDUH Data on Recovery
- Recovery Research Technical Experts Panel
- Peer Respite Data Report
- Warm Lines Meeting
- Data Analysis on Involuntary Treatment



26

26

Questions



SAMHSA
U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES
Substance Abuse and Mental Health Services Administration

27

27

Thank You!

SAMHSA envisions that people with, affected by, or at risk for mental health and substance use conditions receive care, achieve well-being, and thrive.

Grant Opportunities
www.samhsa.gov/grants
www.grants.gov/web/grants