

Substance Use Outreach: A Focus on Working with Women

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Overview

- Barriers for women accessing substance use services.
- Major components of outreach for women.
- Health and Human Services Commission (HHSC) funded substance use intervention services.
- HHSC funded substance use treatment services.
- Resources for substance use services.



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Barriers for Women Accessing Substance Use Services

-  **Lack of Resources**
-  **Childcare**
-  **Stigma**
-  **Cost**
-  **Housing**

Paris R. Herron et al., Marc W. Hahnke, et al., "Substance Use Disorders: Women with Substance Use Disorders Share Experiences in Help Seeking During Pregnancy." *Women Child Health* 10: 2015-24 (2015). doi:10.1007/s12099-015-0300-1

Carole C. Ulfhug, Darlene Serkina, Linda Warren, Lillian Gelberg & Elizabeth Asker Orvik (2018) Homeless women's service use, barriers, and motivation for participating in substance use treatment, *The American Journal of Drug and Alcohol Abuse*, 44:2, 252-262, DOI: 10.1080/00952990.2017.1337183

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Major Components of Outreach for Women

- Identifying a woman's most urgent concerns and addressing those first
- Empathizing with the woman's fear or ambivalence about change, while assisting her in following through on commitments
- Assisting the woman in negotiating community resources

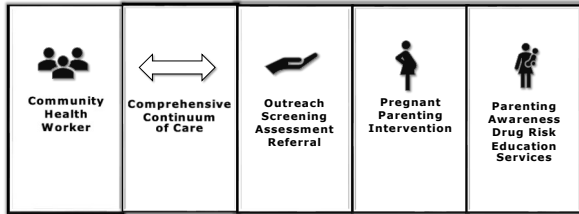


Substance Abuse and Mental Health Services Administration. Substance Abuse Treatment: Addressing the Specific Needs of Women. Treatment Improvement Protocol (TIP) Series, No. 35. HHS Publication No. (2005) 12-4426. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2005.

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HHSC Funded Substance Use Intervention Services



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HHSC Funded Substance Use Treatment Services (1 of 3)

Withdrawal Management	Residential Treatment	Women and Children Residential Treatment
American Society of Addiction Medicine (ASAM) Level(s) of Care: • 3.7 -Withdrawal Management (Residential) • 2.0- Withdrawal Management (Ambulatory)	ASAM Level(s) of Care: • 3.5 -Clinically Managed High-Intensity Residential Services • 3.1 Clinically Managed Low-Intensity Residential Services	ASAM Level(s) of Care: • 3.5 -Clinically Managed High-Intensity Residential Services • 3.1 Clinically Managed Low-Intensity Residential Services
Medical services to manage withdrawal symptoms	Substance use treatment services provided in a licensed facility where people reside for a short period of time	Substance use treatment services for women provided in a licensed facility where their children may reside with them

About the ASAM criteria. Retrieved May 16, 2022. <https://www.asam.org/ASAM-Criteria>

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HHSC Funded Substance Use Treatment Services (2 of 3)

Outpatient Treatment	Medication for Opioid Use Disorders
ASAM Level of Care: 1.0	ASAM Level of Care: 1.0 (Opioid Treatment Program)
Substance use disorder treatment provided in a community-based setting at a licensed treatment center	The use of medications in combination with counseling and behavioral therapies in a community-based setting

About the ASAM criteria. Retrieved May 16, 2023. <https://www.samhsa.gov/2k20/asam-criteria>

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HHSC Funded Substance Use Treatment Services (3 of 3)

Neonatal Abstinence Syndrome (NAS) Services:

- Medications for Opioid Use Disorder
- Pregnant and Parenting Women Treatment
- Recovery Housing
- Recovery Support Services
- ▶ [NAS Journeys of Hope Book \(PDF\)](#)
- ▶ [Journeys of Hope: Mommies and Babies Overcoming NAS](#)



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Resources

- [Find State Funded Substance Use Services](#)
- [Find your local OSAR provider](#)
- [Find your Local Mental Health Authority or Local Behavioral Health Authority](#)
- [Adult Substance Use Services](#)
- [Texas Targeted Opioid Response](#)
- [Substance Use Prevention Services](#)
- [Recovery Support Services](#)

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Thank You

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